Vintage Social Tango

Ladies footwork/direction is opposite the description. Danced to 60 (slow) to 66 (best) to 80 (fast) bpm

STYLE NOTES

- Lead with the ball of the foot, not the heel
- Swivel/shade bodies as a team
- Continuous movement through the "slows"
- Frame/leading changes depending on whether "slows" or "quicks" are to be led next
- Smoothness comes from fluid, flexible, bendable knees
- Sweep foot in an arc, maintaining contact with the floor with the toe

S S QQS PATTERN

COUNTER PROMENADE: Basic Promenade forward, Counter Promenade with arms in Scorpion position. ALSO: Counter Promenade holding inside hands.

PROMENADE TURNOUT: forward in Promenade position, he crosses in front of her during QQ on first pattern, she crosses on second pattern

RUEDA or GRAPEVINE RUEDA: Basic Promenade SSQQS forward; he crosses R over L, balances while he untwists CCW; his partner walks in SSQQS timing, inscribing a circle around him. ALSO: she can walk around him doing Grapevine pattern instead

ZIG ZAG: Gent crosses L over R on first Slow and heads out of the circle lady crosses RF behind . At the end of the pattern sweep RF around and shade body to left, crossing R over L on first Slow, travel diagonally in to center of circle.

GRAPEVINE: alternating front and back crosses in this S S QQS timing

MOLINETE: Gent steps forward L/R, lunging slightly onto RF, then rock back/front

INNOVATION: Disengage from partner and walk in a "V" pattern away and then to your partner

S QQ PATTERN

RUEDA OR GRAPEVINE RUEDA: As above, using S QQ timing

BOX: as in Waltz: Forward, side close, Back, side close

GRAPEVINE: As above, using S QQ timing