

Turning Waltz

TIPS

**1. Form a “Y” with your partner,
with feet close together and shoulders somewhat apart.**

**2. Keeping your upper body fairly still with respect to the partner,
shoulders approximately parallel*, turn smoothly and continuously
irrespective of footwork. Keep eyes/head level to avoid dizziness.**

* except for special figures and transitions

3. Always step between your partner’s feet, when stepping forward.

In CCW Waltz, the forward step is with the L foot – on leads’ ct 1, and follows’ ct 4.

In CW Waltz, the forward step is with the R foot – on follow’s ct 1, lead’s ct 4.

**4. Person in front draws partner past by looking,
and pulling shoulder back, into the turn.**

Thus, when in front in CCW Waltz, look and/or draw L shoulder toward center of room;
in CW Waltz, look and/or draw R shoulder toward the wall.

*Great satisfaction is nearly guaranteed if both partners enthusiastically aid the rotation
and traveling of the dance, in keeping with the above details.*