

Beginning/Intermediate
Hesitation Waltz

Fast Waltz tempo; approx. 200 bpm

STYLE NOTES

- Lead with the ball of the foot, not the heel
- Swivel/shade bodies as a team

S = 1 step per measure in 3/4 time ... “Waltz Walk”

Q Q = 2 steps per measure in 3/4 time, stepping on counts 1 & 3; often done as forward together

QQQ = 3 steps per measure in 3/4 time, stepping on all counts; often done turning rotary waltz style

Q Q S PATTERN

- Side together side, reverse
- Gent faces LOD:
 - Basic; backing the lady or in Promenade position
 - Zig Zag in then out, remaining in Waltz position, leading with his L and her R shoulder, then reverse
 - Zig Zag out then in, using Yale position, leading her to cross behind on count 1 in Left shoulder Yale
- Grapevine
- Turning gently, as in Two Step; two Q Q S patterns to complete one rotation

Use above Q Q S patterns paired with 4 slow steps: S S S S Q Q S Q Q S

On the four slow steps, many options are available:

- Grapevines
- Backing the Lady or Promenade Position
- Walk in Yale position also
- Side Close twice
- Rocking

LAME DUCK VARIATION:

QQ, Q Q, Q Q, S; Traveling sideways/laterally with a slight up down motion. Reverse

“If you do it smoothly it is pleasing to the onlookers and to yourself; if you exaggerate it you lose all the Duck and it is simply Lame.” Vernon Castle

S Q Q PATTERN for HESITATION WALTZ

- Basic; backing the lady or in Promenade position
- Grapevine
- Turning gently, as in Two Step; two S Q Q patterns to complete one rotation