

1920s FOXTROT & BLUES Variations

— as taught by Joan Walton in San Diego, 4-26-08 —

FOXTROT (or TODDLE, if danced in a bouncy style) . . .

Pattern 1: "Straight Jazz" . . . QQS-QQS, like a 2-step

(The non-traveling variations were perfect for "speakeasys" and other cramped spaces.)

- in place, or slowly turning in place
- in place, with lady's underarm turn
- backing the lady in LOD, or diagonally
- grapevine back & forth (side-cross-side), crossing either in front or behind

Pattern 2: "Schottisch" (we like this one Toddled: QQS-hop, QQS-hop, S-hop, S-hop, S-hop, S-hop)

- all of the variations in Pattern 1 above, plus
- promenade position, both traveling LOD

Pattern 3: "Washington Lee" . . . SSQQS

- backing the lady in LOD, or diagonally inward
 - in place, with a half-turn
 - promenade position, both traveling LOD
 - diagonals out and in, backing the lady in yale position
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BLUES . . .

Pattern 1: "Walking Blues" . . . like a 1-step

- backing the lady
- double hesitations
- chassez sideways (like the slide in Scorpion Tango)
- pomander walk
- grapevine
- pivots

Pattern 2: "Straight Jazz" . . . QQS-QQS, like a 2-step

- side-to-side while slowly backing the lady, or diagonals
- half-turn
- rocking
- side-to-side, crossing behind